

Examples of What's Cooking survey questions.

Awareness	Consumption	Cooking Trends
<p>On average, how many servings of fruit should a child/adult eat per day?</p> <p>On average, how many servings of vegetables should a child/adult eat per day?</p> <p>Based on the New Food Guide Pyramid, are you aware that there are five vegetable categories?</p>	<p>Do you eat fruits/vegetables everyday?</p> <p>On average, how often do you eat dark greens every week?</p> <p>On average, how often do you eat orange vegetables every week?</p>	<p>When meals or snacks are cooked at home, how often are the following considered: limiting salt, limiting fat, including vegetables, including fruits</p> <p>On average, how often are the following meals prepared at home each week? Breakfast, Lunch, Dinner</p>